After many hours of straining over research material, staring into camera lenses, and laboring over vintage photographs, plus asking endless questions of harassed authorities, this work is finally finished.

Needless to say I was not alone on this project. Peg Stewart looked at me knife blades each time I gave her a few pages to type, but she did them anyway in her usual efficient manner, and refused to collapse until the final draft was completed.

So this last and most important of the pages is handed in to honor those who allowed me to pick their brains and photograph their craftwork.

My thanks go to Dennis Lessard who proof-read these pages and offered his helpful criticism.

It is obvious that the hobbyists in the photographs prove that good old-time Sioux outfits are possible. I thank Dave Buman who posed especially for this booklet and is in most of the pictures. Also thanks to David Mollar, Bruce Tippett and George Kepley whom I photographed at the California Indian Hobbyist Association's Wiyiyapi.

I also want to thank Bob Riccitelli, Larry Stokes and Richard Nimerfro for their willingness to share their costume pieces for this publication.

Most important, this booklet could not have been written without the talented help of Louie Jull, whose drawings appear throughout the book and make the research work meaningful. A picture is worth a thousand words and Louie's artwork speaks eloquently.

And finally, without help and encouragement from Ty Stewart, this booklet never would have been started or finished. **M.S.T**
INTRODUCTION

The historical period that most hobbyists study when they want to dance old-time Sioux is 1920 - 1935. This period is popular because the Siouxs' costumes before that time consisted only of clout, belts, roach, otter and a few other simple items. In the early 1900's, the Omaha dance gathering became very popular among the Siouxs and the dancer's costume grew more ornate, adding white man's materials and clothing adapted to Indian tastes, the traditional pieces mentioned above. Also, bustles became more important and changed in style to upright spikes and the addition of the neck bustle.

We are fortunate that a few photographers (O'Neill, Graves and Ellsworth) were taking natural action shots of Siouxs at that time. The information in this booklet is the result of studying some sixty-five dancers in these photographs with added research done on each costume piece using references cited in the back of this booklet.

This research is basic and does not include all of the exceptions, but shows the most common articles of costume and the combinations made from them. It is more important for the hobbyist to study photographs and drawings of old-time outfits than to read volumes of hard-to-understand anthropological data. The words in this booklet are designed to help the hobbyist understand these photographs and drawings, and to learn more about materials, colors and designs.

Too much stress cannot be put upon the importance of the hobbyist making his outfit in the style of the tribe he is representing so that he doesn't mix tribal styles and misrepresented Indians and history. It takes just as much time and effort to make a costume incorrectly as it does to make it properly. I suggest that the hobbyist find a photo of an old-time outfit that he likes and try to reproduce the outfit using this booklet as a guideline.

BODY COVERING

The clothing that was worn under the basic costume pieces was just as important as the pieces themselves. Very few Siouxs danced without body covering of some kind in the 1920's. The most popular covering used was long johns (loose-fitting underwear). These were of a single piece with buttons in front and were mostly dark in color; probably red, but some white and other colored sets were shown.

Store-bought whitman long sleeve shirts were also very popular. These shirts seem to be mostly in dark colors, but some were neutral or white. Some dancers wore store shirts and store-bought pants and added their costume pieces over these.

Store shirts and tradecloth leggings, and store shirts and long john bottoms were also good combinations. Knickers with knee socks were also worn.

HAIR STYLES

We don't encourage hobbyists to wear wigs to try to look "Indian". They are too hot and clumpy for dancing and do not look natural. Many of the Siouxs of this time period had whitman haircuts anyway. Wear your hair naturally.

If you insist on wearing a wig, it should be done in the correct style: parted down the middle and braided on both sides, either over or behind the ears. No pompom or puffed hair styles should be worn.

The braids can be wrapped with blue or red tradecloth with a white selvage edge. Also, small silk scarves can be tied near the ears.

ROACH

The Siouxs roach or dancer's headress was made from porcupine guard hair, deer tail hair and skunk tail hair. It measured from ten to twenty inches on both sides. The photos from this period show that most roaches were worn near the back of the head about four inches from the forehead.
HAIR ORNAMENTS

Many dancers in the old photographs are wearing various ornaments or decorations tied to their hair. Quilled wheels (Fig. 1) attached to the hair or roach strings near the roach were quite common. Sectioned hair pieces tied with a thong in front and hanging down the back of the head were sometimes seen.

The most ornate of the hair ornaments was called the Wapagnaka (bull-tail - Fig. 2). It is a quilled, or sometimes beaded, strip about 12 inches long with dyed or natural color cowtail or horsehair attached to the bottom of the quilled section. Long dangles of quilled rawhide or soft buckskin with tin cones and small fluffs add to the total look of the piece.

The top section of the wapagnaka can be attached directly to the hair or to the bottom of the roach or spreader.

Feathers can be attached when not worn with a roach. It is then tied directly to the hair at the back of the head so that it hangs down the dancer's back.

CHokers

Chokers were the finishing touch to the upper part of the old-time dancer's outfit. They were made of small, long bone beads called hair pipes, and also brass beads, cut glass beads, dentallium shells and otter fur. The spacers that separated the beads were made of harness leather (a good substitute is sole leather dyed black or brown) and studded with brass tacks as in (Fig. 3).

The center of the choker was decorated with a disc cut from a Bahama conch shell or metal rimmed mirrors with ermine skins or ribbons hanging from the center of the conch or behind the mirrors.

Sometimes a large silk scarf was used in place of the choker. This scarf is a good way to attach a neck bustle.
BREASTPLATE

The most common breastplate worn by the Sioux was the bone hair pipe with the pipes lying horizontally across the chest, and about one-fourth to one-third of the total length hanging below the belt line.

The three basic styles of bone plate are: (1) two rows of long bone and one row of short bone (Fig. 4), (2) three rows of long bones (Fig. 5), and (3) the most common type of two rows of long bones and one row of brass beads (Fig. 6).

The spacers holding the rows of bones apart were of harness leather. When stringing, allow four to five inches of extra fringe to hang on both sides of the completed breastplate.

Occasionally, a fully quilled breastplate was worn (Fig. 7). These were made using the simple quill wrapping
ARMBANDS

Armbands were a necessity for the old-time Sioux dancer. In many of the old photos studied, armbands were worn with and without cuffs. They were worn just above the elbow, not in the middle of the upper arm.

Three styles of armbands were common: (1) beaded (lazy stitched), (2) brass, and (3) quilled. Above are examples of beaded and quilled designs. Added decorations were quilled drops, scarves and ribbons dangling from the tie strings.
CUFFS

Although cuffs do not have to be worn, they add the finishing touch to the dancer's arms and hands.

Lazy stitched beaded cuffs were often made to match the armbands. The same simple design was done on both sides in three or four different colors on a white background. Triangles and wedges bordered the cuffs and ridges divided the designs.

Brass cuffs, the same size or larger than armbands, were often worn.

APPROX. 4"

APPROX. 1"

OPENING

VESTS

Dark cloth vests were worn with long sleeve white man's shirts. The edges and pockets were decorated with sequins and buttons made from bone, pearl or brass. A few fully beaded vests can be seen on Ellsworth photos. Partly quilled vests were rare.
OTTERS

Otter hide breastplates known simply as "otters" were very common among the Sioux dancers in this time period. They were cut from a full hide into a rectangle about 36" long and 10 to 12 inches wide with the tail hanging in the back. They were then split down the middle leaving about four inches of the hide uncut at both ends so there was plenty of room to put the dancer's head through and position the otter in any style desired. Some dancers even wore them like bandoliers.

The average otter was decorated with about 20 metal rimmed mirrors running the length of the split hide, 10 mirrors to each side. It was common to see otters with mirrors only on them, but it was just as typical to see them with mirrors plus quillwork either on the bottom of the rectangle worn in front, or complete quillwork outlining the entire otter except in the back.

Some otters were backed with tradecloth and on the overhang a row of large sequins was sewn (Fig. 8). Many times the otter was worn over the bone breastplate.

Additional decorations on otters were bone rings (like shower curtain rings) and tin cones with small dark fluff on the edge of the quillwork.

CLOUTS

Old-time Sioux clouts were made of blue or red tradecloth with a one or two-inch white selvage edge. These clouts had no flap in back; just a belt loop in the back after the cloth has gone under the crotch. The front flap hung down to the knees and was about 16 inches wide on an adult dancer.

Clouts on most dancers were decorated with ribbons and the selvage edge only, but metallic fringe, sequins, tin cones with small fluffs, and ornamental coins were also added.
KNEE BANDS

Although knee bands were not common, they are a good addition to the old-time dancer's outfit. They were made of quill wrapping like the bottom of a pipebag, but wrapped around the leg below the knee.

ANKLETS

No dancer’s costume was complete without anklets of angora, otter, skunk, wolf, buffalo or bear. Dark fur was just as popular as white angora. Sometimes metal rimmed mirrors were added for the final touch.

MOCASINS

The moccasins worn were of the Plains two-piece hard sole type having a thick rawhide bottom and a soft tanned upper piece. The photos show at least one lane of beadwork extending all the way around the moccasin, but two or three were more common.

Ninety-percent of the dancers studied wore fully beaded moccasins done with a white background and some kind of a tipi design on the border lanes. Mixed bead and quill-work moccasins (Fig. 9) were more popular in an earlier time period but were still used. On the fully beaded moccasins the dark triangular sections were called “buffalo tracks” and were usually of dark blue or dark green. The top point of the tipi designs on the center lanes usually faced each other when the feet were placed together.

All of the moccasin designs above are for the left foot. When beading your own, make the design on the right foot exactly opposite from that shown, and check the beadwork section of this booklet for your designs and colors.
CLOTH LEGGINGS

Blue or red cloth leggings with white selvage edges running the length of the flap were popular with many dancers. A single ribbon was sewn all the way around the cuff and on the bottom of both flaps. Sequins ran along the selvage edges on the flaps. Beaded strips with triangle designs on a white background were the most common.

Most dancers wore a long strap of bells below the knees with the flaps of the leggings either folded at the back of the legs or bunched under the belts.

PIPEBAGS

Photos from this period show the dancer with something in his hands. Eagle wing fans were the most common. Other items seen were rope, handkerchiefs, single feathers, sticks, and, of course, pipebags.

There is no finer addition to the old-time Sioux outfit than the Sioux pipebag. They were made of soft tanned buckskin and divided into four sections: (1) the buckskin with bead edged top, (2) the full beaded mid-section (different designs on either side), (3) the quilled section, and (4) the long fringe. Most bags measured from two-and-a-half feet to three feet in length, and about eight inches wide. The bag was carried empty by the dancer so that it could swing easily with his arm and body movements. Some dancers in the photos studied tied their bag to their belt near the bustle.
BANDOLIERS

Bandoliers were strings of beads worn over the shoulder and across the chest, hanging down to the dancer's hip. They can be worn with any combination of old-time Sioux outfit. Usually one or two strands were worn over one shoulder only, not criss-crossed like a straight dancer's.

Common bandoliers were made of brass beads, or brass beads and hair pipes (Fig. 10 & 11).

The “dew claw” bandolier was the most ornate, being made of a long strap of harness leather with carved deer hooves (dew claws), thimbles, glass “chandelier beads” and other small objects.

BUSTLES

The following is a description of the bustles that were shown in the photos of this period.

To begin, we must stress that at least half the dancers were wearing neck bustles along with their back bustles. These did not necessarily match, either in size or color of feathers, although some did. The great majority of dancers had trailers on their back bustles, and black and white tail and dark tail or secondary wing feathers were equally common.

The most common feathers seen in these Sioux bustles were eagle, hawk and owl, with some smaller feathers, such as guinea hen, for variety. The feathers were often dyed red, green, purple and orange as were the small fluffs that decorate the top of some feathers in the circle and on the trailers and spikes.

The spikes or uprights on these bustles were made from eagle wing point feathers and decorated with quilled strips, hawk bells, large fluffs and ribbons.

The center decorations that held the circles of feathers together were mostly of metal rimmed mirrors with ribbons hanging from behind.

Trailers were made of blue or red tradecloth, or sometimes canvas trimmed with sequins and ribbons running their length on both sides. It added a nice touch to the trailers to have the white selvedge edge at the bottom.

The tie strings that held the bustles to the dancer were usually of dark tradecloth with mirrors, quilled dangles, or black and white tail feathers at the sides. Sometimes an assumption sash was used.

BELLS

Old-time Sioux dancers wore both chrome and brass bells in a variety of sizes. These were strung on long straps of either brown or black harness leather. Below are descriptions of the basic positions where bells were worn:

1. Leg bells: A long strap of bells worn hanging from the belt to the ankles and usually tied with a thong at the knees. Some dancers wore a double strap of bells on each leg.
2. Knee bells: Worn below the knees and above the calf. These can be a single short strap, but they can be a long strap wound around the ankle several times.
3. Ankle bells: Worn on the ankle above the anklets. These are usually of a single short strap or a long strap wound around two or three times.
4. Loop bells: Some dancers wore a strap of leg bells with both ends tied at the belt so that the bells hung in a loop at their side.

The dancers liked to wear as many bells as they could, but certain definite combinations were used. Below is a list of those combinations starting with the most popular and ending with the less frequently seen:

1. Leg bells and knee bells.
2. Leg bells, knee bells and ankle bells.
3. Leg bells and ankle bells.
4. Knee bells and ankle bells.
5. Dancers wearing leggins or store pants wore only knee bells.
BEADWORK

Before glass beads were introduced to the Plains by white traders, the Sioux had perfected the art of using porcupine quills to decorate their clothes and belongings. The quills were dyed red, bright yellow, weak blue, bright orange, weak green and purple. Vegetable dyes were used until about 1880 when the whites traded aniline dyes and the colors became brighter and more varied.

For the period we are studying, quill-work was done on pipebag fringe, kneebands, bustle ties and other large objects using the simple wrapping technique; the sewing and weaving methods were used for moccasins, pipes and feather decorations.

By the late 1880's - 1890's, the Sioux had a style of beading using certain colors and designs that were different than any other tribe. There are many techniques involved in making beadwork look like the style of the tribe represented. Not only colors and designs, but beadwork mechanics, are very important. The following are guidelines to help make the finished beadwork look Sioux.

As noted earlier the Sioux had a definite style of their own. Their designs were mostly geometric with some men's beadwork representing life around them including figures, horses and birds. After the 1890's more intricate triangles and spidery designs were introduced. If you carefully examine photographs and articles of Sioux beadwork, you will note the following:

1. Designs geometric and usually symmetrical.
2. Designs spread out to cover most of the background.
3. Many lines and geometrical figures held together by a central design.
4. Triangles and lines with three-pronged forks.
5. Large spaces of background broken up with lines and crosses.
6. Small squares added to crosses, lines and larger squares.
7. Small designs added to give a finished look to the total design.

Many times a hobbyist will have a piece of beadwork and an authority on that tribe's beadwork will say, "The designs are great but the colors are all wrong." This is because the hobbyist has failed to study photographs or the real thing, and has copied diagrams of designs only. Here we will set down a few simple rules about color, then analyze each color and its proper use:

1. The Sioux beaded mostly on a white background.
2. The designs were outlined with dark color to contrast with the white.
3. Colors often used together were green and yellow (Italian "greasy yellow"), rose and yellow, and rose with blue and green.
4. Avoid using similar colors together such as a light color or pastel on a white background.
5. Several shades of blue or green are seldom seen on the same piece.
6. Most common color sequence used in the classic period is blue, yellow, red and green, in that order.

We have analyzed the most commonly used colors as follows:

1. White: As background - covers most areas broken by lines and block designs. Sometimes a milky or "pearl"white was used. Light blue background seems to be a very modern technique. It is sometimes used for very small squares in a design. Light blue is a common background in Sioux dresses, cradleboards, tobacco bags, pouches and some legging strips.

2. Dark blue: Dark or royal blue used in outlining large block designs, fine lines, crosses, borders.

3. Light blue: Almost turquoise; used for inside of designs.

4. Periwinkle blue: Darker than light blue but not as dark as royal blue. Used for medium size blocks.
5. **Green**: Medium, slightly dull green. Used for inside of designs.

6. **Dark green**: Very dark, sometimes translucent. For large block of color with or without darker border.

7. **Reddish brown**: For borders and small squares within lighter blocks of color, and thin lines and designs extending from basic blocks. Interchangeable with dark blue.

8. **Yellow**: Pale dull Italian “greasy yellow”. For semi-large blocks of color and for center, or near centers of designs.

9. **Metallic**: Silver and gold colored faceted metallic beads for very small, intricate squares in center of designs. Only one or two rows wider usually.

10. **Red**: White center reds; translucent red bead with white center through hole. Gives a rose or pinkish effect. Used to outline metallic beads and for thin lines, small squares and triangles.

**REFERENCES**


The photos on pgs. 13 & 14 show suggested outfits and a few dance positions.